



“Addictions: Advice from an Addict”
Insights from Dr. Graeme Cunningham
Director of the Homewood Addiction Division
Former President of the Ontario College of Physicians and Surgeons
June 6, 2008 0900 – 1200 noon
Westin Hotel, Ottawa

On January 8, 1986, Dr. Graeme Cunningham took his last drink in the back seat of a taxi as it pulled up to the Homewood Health Centre. He was ashamed to be an addict because he says he felt he should “know better” because he was a doctor. But he was, indeed, an addict.

After his treatment, Dr. Cunningham went on to do a residency in addiction medicine at the Addiction Research Foundation in Toronto, and joined the Homewood Health Centre team. Today he is renowned for his work and considered to be one of the foremost “addictionologists” in Canada. He calls addiction “an illness, not a moral weakness.”

We’re pleased to have Dr. Cunningham as our guest. Attend and learn more about:

- The physiological aspects to addiction.
- Addictions beyond drugs and alcohol like gambling, sex and the internet.
- What are the signs of an addiction?
- What are the criteria for the diagnosis of an addiction?
- Facilities and resources available.
- Understanding the process of referrals to the right facility, whether detoxification or rehabilitation.

The session will also feature “Best advice” from Joan Boudreau of ONA’s Legal Expense Assistance Program (LEAP), where she will address regulatory issues and incapacity cases.

Members are requested to refrain from wearing scented products